

# FINAL RESULTS

Mt. Washington

January 17, 2009

## 10km Category

OA	Time	Bib	First Name	Last Name	City	Gen.	Category	Dist.	Team Name
1	0:42:54	442	Jason	Terauchi-Loutitt	Shawnigan Lake	M	20-39 Open	10K	
2	0:43:04	425	Neil	Holm	Courtenay	M	40-49	10K	Extreme Runners
3	0:47:31	409	Jeff	Riemer		M	20-39 Open	10K	Helly Hansen Vancouver Island
4	0:48:11	401	Justin	Mark		M	20-39 Open	10K	Helly Hansen Vancouver Island
5	0:48:17	415	Kieran	Smith	Vancouver	M	20-39 Open	10K	
6	0:48:27	386	Syl	Corbett	Calgary	F	20-39 Open	10K	
7	0:48:42	412	Mark	Schurch	Victoria	M	20-39 Open	10K	
8	0:49:12	378	Chris	Barth	Campbell River	M	20-39 Open	10K	ShoreRunners
9	0:50:42	381	Stephen	Bonn	Victoria	M	20-39 Open	10K	
10	0:50:59	436	Andreas	Hesler	N.Vancouver	M	20-39 Open	10K	
11	0:51:49	421	Ross	Whelan	Courtenay	M	20-39 Open	10K	
12	0:52:05	416	Ryan	Smith	Nanaimo	M	20-39 Open	10K	
13	0:52:19	441	Trevor	Davison	Vancouver	M	20-39 Open	10K	
14	0:52:30	426	Mike	Stone	Bowser	M	20-39 Open	10K	Extreme Runners
15	0:52:41	438	Josh	Tanner	Vancouver	M	20-39 Open	10K	
16	0:53:21	422	Tasmin	Anstey	North Vancouver	F	20-39 Open	10K	Team Yeti
17	0:53:27	376	John	Atkinson	Surrey	M	20-39 Open	10K	
18	0:53:46	423	Lowell	Rockliffe	Victoria	M	20-39 Open	10K	
19	0:53:51	396	Jay	Latiff		M	20-39 Open	10K	Helly Hansen Vancouver Island
20	0:54:21	407	Mike	Palichuk	Langley	M	40-49	10K	
21	0:54:49	430	Christopher	Kelsall	Victoria	M	40-49	10K	
22	0:55:01	437	Matt	Murdoch	Vancouver	M	20-39 Open	10K	
23	0:56:25	411	Carey	Sather		F	20-39 Open	10K	Helly Hansen Vancouver Island
24	0:56:33	408	Garry	Rathbone	North Vancouver	M	40-49	10K	
25	0:57:02	384	Salvador	Cajiga	Sidney	M	20-39 Open	10K	
26	0:57:02	417	Nathaniel	Stoffelsma	Sidney	M	20-39 Open	10K	
27	0:57:49	432	Jim	Nelson	Victoria	M	20-39 Open	10K	
28	0:58:09	435	Peter	Langelo	Duncan	M	40-49	10K	
29	0:58:17	418	Lucas	Till	Sechelt	M	20-39 Open	10K	
30	0:58:27	439	James	Billington (3rd)	N.Vancouver	M	20-39 Open	10K	
31	0:58:53	404	Paul	Mills	Black Creek	M	20-39 Open	10K	
32	1:00:49	400	Kristenn	Magnusson		F	20-39 Open	10K	Helly Hansen Vancouver Island
33	1:00:57	377	Norman	Barmeier	Vancouver	M	20-39 Open	10K	
34	1:02:26	388	David	Dennis	Victoria	M	50-59	10K	
35	1:02:38	413	Susan	Seager	Vancouver	F	20-39 Open	10K	
36	1:02:44	395	Jaroslav	Jakubec	North Vancouver	M	40-49	10K	
37	1:02:55	427	John	Ingram	Courtenay	M	60+	10K	Extreme Runners
38	1:04:49	433	Jim	Jones	Nanaimo	M	20-39 Open	10K	
39	1:05:17	410	Charlie	Robinson	Victoria	M	40-49	10K	
40	1:05:27	405	Sarah	Mitchell	Victoria	F	20-39 Open	10K	
41	1:06:18	440	Ward	Bingham	Vancouver	M	40-49	10K	
42	1:06:29	380	Marc	Belanger	Vancouver	M	40-49	10K	
43	1:06:30	385	Ross	Collicutt	Nanaimo	M	20-39 Open	10K	
44	1:08:07	434	Cathy	Grayam	Nanaimo	F	20-39 Open	10K	
45	1:08:48	375	Cindy	Andrew	Victoria	F	40-49	10K	
46	1:11:13	429	Jack	Campbell	Courtenay	M	50-59	10K	Extreme Runners
47	1:11:32	387	Kevin	De Bruin	Victoria	M	40-49	10K	
48	1:12:02	428	Cathy	Clarke	Comox	F	50-59	10K	Extreme Runners
49	1:14:47	419	Colette	Tunstead	North Vancouver	F	20-39 Open	10K	
50	1:15:38	402	Jennifer	Mcgrath	Surrey	F	50-59	10K	
51	1:15:42	374	Darrell	Ainscough	Surrey	M	50-59	10K	
52	1:19:13	390	Andrew	Edwards	Nanaimo	M	20-39 Open	10K	
53	1:20:06	379	Sandi	Begg	Victoria	F	40-49	10K	
54	1:20:07	420	Patti	Walsh	Victoria	F	40-49	10K	
55	1:20:18	399	Louisa	Lorimer	White Rock	F	50-59	10K	
56	1:21:39	383	Cara	Brighton	Courtenay	F	20-39 Open	10K	
57	1:21:56	391	Hugh	Fairfield	Vancouver	M	20-39 Open	10K	
58	1:31:22	382	Danielle	Bouchard	Cobble Hill	F	60+	10K	

## 5km Category

OA	Time	Bib	First Name	Last Name	City	Gen.	Category	Dist.	Team Name
1	0:28:20	1191	Steve	Spiers	Campbell River	M	50-59	5K	ShoreRunners
2	0:28:34	1215	Keith	Wakelin	Courtenay	M	50-59	5K	Extreme Runners
3	0:29:02	1209	Kelsey	Wiens		F	20-39 Open	5K	
4	0:29:15	1213	Brad	Crowe	Courtenay	M	20-39 Open	5K	Extreme Runners
5	0:29:20	1144	John	Humphries	North Vancouver	M	20-39 Open	5K	
6	0:30:07	1214	Frank	Graham	Courtenay	M	50-59	5K	Extreme Runners
7	0:30:10	1106	René	Buys	Gold River	M	20-39 Open	5K	

8	0:30:14	1211	Eric	Martinant	Courtenay	M	40-49	5K	Extreme Runners
9	0:30:39	1160	Bill	McMillan	Nanaimo	M	40-49	5K	
10	0:31:47	1232	Doug	DeMarzo	Victoria	M	20-39 Open	5K	
11	0:31:57	1112	Bryan	Crerar	Campbell River	M	20-39 Open	5K	ShoreRunners
12	0:32:08	1178	Suzanna	Ritchie	Heriot Bay	F	20-39 Open	5K	
13	0:32:11	1114	Jaimen	Cronk	Campbell River	M	16-19	5K	ShoreRunners
14	0:32:26	1098	Nicole	Bates-Eamer	Victoria	F	20-39 Open	5K	
15	0:32:32	1207	Ken	Wright	Campbell River	M	40-49	5K	ShoreRunners
16	0:32:34	1113	Richard	Cronk	Campbell River	M	40-49	5K	ShoreRunners
17	0:32:44	1117	Ian	Douglas	Nanaimo	M	50-59	5K	
18	0:32:47	1185	Sarah	Seeds	Courtenay	F	20-39 Open	5K	Team Elm!
19	0:33:19	1140	Grace	Howard	Campbell River	F	16-19	5K	FileSafe "snow" Lions
20	0:34:26	1162	Kevin	McMillan	Nanaimo	M	20-39 Open	5K	
21	0:35:06	1115	Douglas	Debeck	Victoria	M	20-39 Open	5K	
22	0:35:07	1231	David	Rathleff	Victoria	M	20-39 Open	5K	
23	0:35:15	1143	Mike	Hucal	Victoria	M	40-49	5K	
24	0:35:43	1097	Liette	Bates-Eamer	Victoria	F	20-39 Open	5K	
25	0:35:54	1148	Leanne	Krell	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
26	0:35:58	1172	Brian	Pasquill	Qualicum Beach	M	20-39 Open	5K	
27	0:36:02	1212	Robyn	Dicesare	Courtenay	F	40-49	5K	Extreme Runners
28	0:36:14	392	Kari	Frazer	Brentwood Bay	F	40-49	5K	
29	0:36:38	1124	Audrey	Erlandson	Courtenay	F	20-39 Open	5K	Team Elm!
30	0:36:41	1210	Bonny	Ervin	Royson	F	60+	5K	Extreme Runners
31	0:36:51	1187	Brent	Shearer	Victoria	M	20-39 Open	5K	"A"British Columbia
32	0:36:53	1159	Fiona	McKenzie	Victoria	F	20-39 Open	5K	"A"British Columbia
33	0:36:56	1169	Derek	OV'Beirne	Nanaimo	M	50-59	5K	
34	0:37:11	1157	Gail	Martindale	Cumberland	F	40-49	5K	Team Elm!
35	0:37:14	1104	Sarah	Burrell	Cowichan	F	20-39 Open	5K	Team Elm!
36	0:37:18	1226	Dalton	Corbett	Nanaimo	M	60+	5K	
37	0:37:29	1233	Diane	Sheddan	Vancouver	F	20-39 Open	5K	
38	0:37:47	1238	Robert	Johnston	Cumberland	M	40-49	5K	
39	0:37:48	1200	Chanace	Vanderheide	Courtenay	F	20-39 Open	5K	
40	0:37:57	1139	Amanda	Hourigan	Victoria	F	20-39 Open	5K	
41	0:38:03	1234	David	Ellingsen	Vancouver	M	20-39 Open	5K	
42	0:38:08	1180	Tony	Robson	Campbell River	M	40-49	5K	ShoreRunners
43	0:38:28	1177	Korky	Richardson	Courtenay	F	40-49	5K	Team Elm!
44	0:38:30	431	Annwyn	Hill	Victoria	F	20-39 Open	5K	
45	0:38:50	1151	Lo	Lanning	Merville	F	40-49	5K	Team Elm!
46	0:39:16	1156	Leanne	Martens	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
47	0:39:17	1152	Karla	Leighton	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
48	0:39:34	1171	Sigrid	Otto	West Vancouver	F	20-39 Open	5K	
49	0:39:37	1145	Jennifer	Jolliffe	Campbell River	F	20-39 Open	5K	
50	0:39:49	1135	Tina	Gonsky	Campbell River	F	20-39 Open	5K	ShoreRunners
51	0:39:58	1167	Charity	Munro	Courtenay	F	20-39 Open	5K	
52	0:40:09	1198	Carla	Valentine	Campbell River	F	20-39 Open	5K	ShoreRunners
53	0:40:11	1203	pat	walsh	Victoria	M	40-49	5K	
54	0:40:56	1217	Tamara	McLeod	Victoria	F	20-39 Open	5K	
55	0:41:06	1228	William	Skulmoski	Courtenay	M	20-39 Open	5K	
56	0:41:08	1227	Liz	Flawse	Union Bay	F	20-39 Open	5K	
57	0:41:18	1237	Linda	Nagle	Campbell River	F	50-59	5K	ShoreRunners
58	0:41:20	1208	Carmen	Ziolkowski	Campbell River	F	40-49	5K	FileSafe "snow" Lions
59	0:42:02	1202	Michael	Walsh	Victoria	M	16-19	5K	
60	0:42:09	1190	Eddie	Smith	Campbell River	M	u16	5K	ShoreRunners
61	0:42:25	1118	Cynthia	Durand-Smith	Campbell River	F	40-49	5K	ShoreRunners
62	0:42:36	1230	Gillian	Nicol		F	20-39 Open	5K	
63	0:42:37	1205	Mona	Windl	Burnaby	F	40-49	5K	
64	0:42:50	1133	Aaron	Gleeson	Campbell River	M	20-39 Open	5K	
65	0:42:52	1132	Shari	Gleeson	Campbell River	F	20-39 Open	5K	
66	0:42:56	1216	Lisa	Wilson	Mill Bay	F	40-49	5K	
67	0:43:00	1102	Jenny	Broere	Chemainus	F	40-49	5K	
68	0:44:48	1131	Adria	Gleeson	Campbell River	F	20-39 Open	5K	
69	0:44:59	1229	Pat	Martin	Campbell River	M	20-39 Open	5K	
70	0:45:23	1206	Cathy	Wright	Campbell River	F	40-49	5K	ShoreRunners
71	0:45:27	1174	Chris	Preiss	Cumberland	M	40-49	5K	
72	0:45:49	1194	Peter	Terpstra	Campbell River	M	20-39 Open	5K	FileSafe "snow" Lions
73	0:45:50	1195	Nicole	Terpstra	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
74	0:46:49	1126	Heidi	Fowler	Vancouver	F	20-39 Open	5K	
75	0:46:54	1147	Laurin	Kelsey	Victoria	F	20-39 Open	5K	
76	0:47:37	1164	Heather	Mills	Black Creek	F	20-39 Open	5K	
77	0:47:41	1101	Nicole	Boucher	Duncan	F	20-39 Open	5K	
78	0:47:43	1158	Barbara	McInnes	Comox	F	40-49	5K	
79	0:47:46	1116	Kimberly	Dennis	North Saanich	F	40-49	5K	
80	0:48:00	1123	Susan	Erb	Campbell River	F	40-49	5K	ShoreRunners
81	0:48:02	1142	Jackie	Hucal	Victoria	F	40-49	5K	
82	0:48:04	1173	Mark	Planiden	Victoria	M	20-39 Open	5K	"A"British Columbia
83	0:48:29	1105	Jeff	Butcher	North Saanich	M	20-39 Open	5K	
84	0:49:01	1166	Claire	Moglove	Campbell River	F	50-59	5K	ShoreRunners
85	0:49:03	1155	Paulette	Maclean	Campbell River	F	50-59	5K	ShoreRunners
86	0:49:05	1127	Brian	French	Victoria	M	20-39 Open	5K	"A"British Columbia

87	0:49:57	1221	Angela	Collyer	Victoria	F	20-39 Open	5K	Ray & The Dirty Girlz
88	0:50:12	1110	Londa	Cormack	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
89	0:50:19	1235	Charlotte	Lawson	Nanaimo	F	50-59	5K	
90	0:50:21	1161	Sandy	McMillan	Nanaimo	F	40-49	5K	
91	0:50:50	1225	Lisa Marie	Blackwolf	Victoria	F	40-49	5K	Ray & The Dirty Girlz
92	0:50:51	1218	Sabrina	Macleod	Victoria	F	20-39 Open	5K	Ray & The Dirty Girlz
93	0:53:12	1130	Kimberlea	Geyser	Campbell River	F	U16	5K	ShoreRunners
94	0:53:14	1129	Gavin	Geyser	Campbell River	M	40-49	5K	ShoreRunners
95	0:53:17	1222	Christine	Jensen	Victoria	F	20-39 Open	5K	Ray & The Dirty Girlz
96	0:54:41	1223	Eleanor	Mulloy	Victoria	F	40-49	5K	Ray & The Dirty Girlz
97	0:54:46	1219	Carmel	Ecker	Victoria	F	20-39 Open	5K	Ray & The Dirty Girlz
98	0:55:09	1125	Nadine	Foster	Sooke	F	20-39 Open	5K	
99	0:55:12	1095	S	Babin	Victoria	F	20-39 Open	5K	
100	0:55:19	1220	Ray	Earl	Victoria	M	20-39 Open	5K	Ray & The Dirty Girlz
101	0:55:33	1109	Jordan	Clarke	Victoria	M	20-39 Open	5K	"A"British Columbia
102	0:55:36	1176	Meghan	Reusing	Victoria	F	20-39 Open	5K	"A"British Columbia
103	0:55:57	1100	Rhonda	Bergmann	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
104	0:56:00	1141	Lesley	Hoyt	Campbell River	F	40-49	5K	ShoreRunners
105	0:57:02	1236	Janice	Evans	Victoria	F	20-39 Open	5K	
106	0:59:07	1182	Melissa	Schuurman	Heriot Bay	F	20-39 Open	5K	
107	0:59:08	1134	Julie	Gole	Campbell River	F	20-39 Open	5K	FileSafe "snow" Lions
108	1:02:21	1163	Robin	Miller	Victoria	M	20-39 Open	5K	"A"British Columbia
109	1:06:29	1240	Dani	Garner	Cobble Hill	F	20-39 Open	5K	
110	1:07:20	1170	Kathleen	O'Donaghue	Nanaimo	F	40-49	5K	"A"British Columbia
111	1:07:22	1153	Susan	Loney	Nanaimo	F	40-49	5K	"A"British Columbia
112	1:07:34	1096	Jonathan	Barlett	Nanaimo	M	c	5K	"A"British Columbia
113	1:07:45	1199	Chloe	Valentine	Campbell River	F	U16	5K	ShoreRunners
114	1:10:16	1111	Maggie	Cox	Victoria	F	20-39 Open	5K	"A"British Columbia
115	1:10:19	1128	Tania	Fritz	Victoria	F	20-39 Open	5K	"A"British Columbia
116	1:10:38	1204	Amanda	Wilson	Victoria	F	20-39 Open	5K	"A"British Columbia
117	1:14:41	1196	Arlene	Vaillancourt	Delta	F	20-39 Open	5K	
118	1:14:42	1197	Anne	Vaillancourt	Delta	F	16-19	5K	
119	1:17:38	1103	Karma	Brophy	Nanaimo	F	40-49	5K	"A"British Columbia
120	1:26:32	1239	Peter	Debruyen	Victoria	M	20-39 Open	5K	
121	1:27:50	1186	Meghan	Selbee	Nanaimo	F	20-39 Open	5K	Snow Queens
122	1:27:51	1179	Erin	Robson	Nanaimo	F	20-39 Open	5K	Snow Queens
123	1:27:54	1122	Monica	Eickmeier	Nanaimo	F	20-39 Open	5K	Snow Queens
124	1:27:57	1107	Stephanie	Cameron	Nanaimo	F	20-39 Open	5K	Snow Queens
125	1:28:10	1165	Sarah \"Burgle\	Mitenko	Nanaimo	F	20-39 Open	5K	Snow Queens
126	1:28:15	1137	Cheryl	Headey	Nanaimo	F	20-39 Open	5K	Snow Queens
127	1:28:28	1121	Ginny	Eccleston	Nanaimo	F	20-39 Open	5K	Snow Queens
128	1:28:34	1150	Taryn	Langford	Nanaimo	F	20-39 Open	5K	Snow Queens
129	1:28:38	1193	Naomi	Tabata	Nanaimo	F	20-39 Open	5K	Snow Queens
130	1:28:40	1201	Tanya	VanderMolen	Nanaimo	F	20-39 Open	5K	Snow Queens
131	1:28:42	1175	Kimberley	Reid	Nanaimo	F	20-39 Open	5K	Snow Queens
132	1:28:45	1188	Sooh	Shultz	Nanaimo	F	20-39 Open	5K	Snow Queens
133	1:28:48	1149	Shelley	LV'Green	Nanaimo	F	20-39 Open	5K	Snow Queens
134	1:28:52	1184	Shelley	Scott	Nanaimo	F	20-39 Open	5K	Snow Queens
135	1:28:53	1120	Lindsay	Earle	Nanaimo	F	20-39 Open	5K	Snow Queens
136	1:28:55	1146	Di	Jolly	Nanaimo	F	40-49	5K	Snow Queens
137	1:28:59	1108	Jill	Christie	Nanaimo	F	20-39 Open	5K	Snow Queens
138	1:29:01	1119	Sue	Durnin	Nanaimo	F	20-39 Open	5K	Snow Queens
139	1:29:06	1192	Amy	Tabata	Nanaimo	F	20-39 Open	5K	Snow Queens
140	1:29:11	1136	Phyllis	Gregoire	Nanaimo	F	20-39 Open	5K	Snow Queens
141	DNF	1224	Carol	Hounsome	Victoria	F	40-49	5K	Ray & The Dirty Girlz