

# FINAL RESULTS

Cypress Mountain  
- March 7, 2009

10km Category								
OA	Time	Bib #	First Name	Last Name	Gen.	Category	Dist.	Team Name
1	0:49:19	262	Shaun	Stephens-Whale	M	16-19: Junior	10K	
2	0:52:10	245	Justin	Mark	M	20-39: Open	10K	Helly Hansen Vancouver Island
3	0:54:15	223	Jacek	Doniec	M	20-39: Open	10K	
4	0:54:40	266	Nate	Wood	M	20-39: Open	10K	Team Yeti
5	0:55:13	224	Jeff	Drew	M	20-39: Open	10K	
6	0:55:13	270	Colin	Digman	M	40+ : Masters	10K	
7	0:55:58	254	Jeff	Riemer	M	20-39: Open	10K	Helly Hansen Vancouver Island
8	0:56:29	221	Dave	Cressman	M	40+ : Masters	10K	
9	0:57:21	276	Andreas	Hestler	M	20-39: Open	10K	
10	0:57:37	208	John	Atkinson	M	20-39: Open	10K	
11	0:58:35	236	Jay	Latiff	M	20-39: Open	10K	Helly Hansen Vancouver Island
12	0:58:41	227	Sony	Gawley	M	20-39: Open	10K	
13	1:00:30	263	Jim	Swadling	M	60+	10K	
14	1:00:32	264	Josh	Tanner	M	20-39: Open	10K	Smiling Bob Snow Runners
15	1:00:32	222	Trevor	Davison	M	20-39: Open	10K	Helly Hansen Vancouver Island
16	1:01:38	233	Alexander	Ikin	M	20-39: Open	10K	
17	1:01:55	209	Tom	Barichello	M	50+	10K	
18	1:03:00	226	Rob	Fransen	M	50+	10K	
19	1:03:09	269	Stephen	Bonn	M	20-39: Open	10K	
20	1:04:03	253	Garry	Rathbone	M	40+ : Masters	10K	
21	1:04:06	214	René	Buys	M	20-39: Open	10K	
22	1:04:16	249	Matt	Murdoch	M	20-39: Open	10K	Smiling Bob Snow Runners
23	1:04:25	257	Carey	Saither	F	20-39: Open	10K	Helly Hansen Vancouver Island
24	1:06:17	250	Marisa	Norona	F	20-39: Open	10K	
25	1:06:37	241	Penny	Lidstone	F	20-39: Open	10K	
26	1:06:41	258	Scott	Schroeder	M	40+ : Masters	10K	
27	1:07:30	218	Mike	Christensen	M	20-39: Open	10K	
28	1:08:11	232	Geoff	Huenemann	M	40+ : Masters	10K	
29	1:08:21	234	Jaroslav	Jakubec	M	40+ : Masters	10K	
30	1:09:21	238	Marc	LeBlanc	M	20-39: Open	10K	
31	1:09:25	252	Jason	Oliver	M	20-39: Open	10K	
32	1:09:32	251	Gitta	Oldendorff	F	40+ : Masters	10K	NorthShore Trail Chasers
33	1:10:29	215	Michael	Campbell Burns	M	50+	10K	Team Yeti
34	1:11:43	210	Norman	Barmeier	M	20-39: Open	10K	Helly Hansen Vancouver Island
35	1:12:15	240	Sacha	Levandusky	M	20-39: Open	10K	
36	1:12:17	268	Jen	Zurowski	F	20-39: Open	10K	
37	1:14:02	229	Vicky	Harris	F	40+ : Masters	10K	Smiling Bob Snow Runners
38	1:14:27	239	Eugene	Lee	M	50+	10K	
39	1:14:40	273	Bryce	Zurowski	M	20-39: Open	10K	
40	1:14:50	267	Dan	Zimmermann	M	20-39: Open	10K	
41	1:16:57	225	Christina	Esser	F	40+ : Masters	10K	Smiling Bob Snow Runners
42	1:17:29	235	David	Jenkins	M	60+	10K	
43	1:17:47	248	Salvador	Miranda	M	50+	10K	
44	1:20:31	230	Roy	Heaton	M	50+	10K	Smiling Bob Snow Runners
45	1:20:59	271	Michal	Jaworski	M	20-39: Open	10K	
46	1:22:07	243	Eric	Lorenz	M	20-39: Open	10K	Smiling Bob Snow Runners
47	1:23:04	272	Rob	Jones	M	40+ : Masters	10K	
48	1:25:38	216	Khoi	Chau	M	20-39: Open	10K	
49	1:27:13	256	Shannon	Roper	F	20-39: Open	10K	
50	1:28:10	213	Steve	Britten	M	50+	10K	
51	1:28:13	259	Diane	Shedd	F	20-39: Open	10K	Smiling Bob Snow Runners
52	1:28:20	205	Emma	Adams	F	40+ : Masters	10K	Smiling Bob Snow Runners
53	1:29:38	261	Robert	Stephenson	M	50+	10K	Smiling Bob Snow Runners
54	1:30:11	206	Darrell	Ainscough	M	50+	10K	
55	1:33:36	275	Trish	Sare	F	40+ : Masters	10K	
56	1:36:20	274	Winson	Chan	M	20-39: Open	10K	
57	1:37:27	244	Louisa	Lorimer	F	50+	10K	

5km Category								
OA	Time	Bib #	First Name	Last Name	Gen.	Category	Dist.	Team Name
1	0:26:09	573	Ryan	Ervin	M	20-39: Open	5K	
2	0:29:20	572	Marcus	Ribi	M	Under 16	5K	Smiling Bob Snow Runners
3	0:29:32	505	Ray	Barrett	M	20-39: Open	5K	
4	0:29:37	542	Darrin	Penner	M	20-39: Open	5K	
5	0:30:53	581	Pano	Skrivanos	M	20-39: Open	5K	

6	0:32:41	534	Bill	McMillan	M	40+ : Masters	5K	
7	0:32:42	528	Janes	Kendrall	M	20-39: Open	5K	
8	0:33:37	533	Kevin	McMillan	M	20-39: Open	5K	
9	0:33:46	525	Brad	Jarema	M	20-39: Open	5K	
10	0:34:19	544	David	Poon	M	40+ : Masters	5K	
11	0:34:24	567	Stephen	Holmes	M	50+	5K	
12	0:34:45	515	Peter	Denny	M	50+	5K	
13	0:35:29	552	Paul	Smith	M	40+ : Masters	5K	North Shore Trail Chasers
14	0:35:31	508	Bob	Brough	M	60+	5K	
15	0:35:32	547	Suzanna	Ritchie	F	20-39: Open	5K	
16	0:35:41	527	Daniel	Evoy	M	40+ : Masters	5K	
17	0:36:18	551	Lin	Skrivanos	F	20-39: Open	5K	
18	0:36:20	516	Alexia	Droz	F	20-39: Open	5K	
19	0:36:22	543	edward	Pereira	M	40+ : Masters	5K	North Shore Trail Chasers
20	0:36:23	532	Bob	Macwhirter	M	50+	5K	North Shore Trail Chasers
21	0:38:01	523	Mandy	Hengiveld	F	20-39: Open	5K	
22	0:38:54	580	Dalton	Corbett	M	60+	5K	
23	0:39:26	555	Miguel	Staunton	M	20-39: Open	5K	Smiling Bob Snow Runners
24	0:39:26	554	Tanya	Staunton	F	20-39: Open	5K	Smiling Bob Snow Runners
25	0:39:36	560	Ben	Webber	M	20-39: Open	5K	
26	0:39:56	529	Jennifer	Korsch	F	40+ : Masters	5K	North Shore Trail Chasers
27	0:40:19	568	Gord	Buntain	M	50+	5K	
28	0:40:42	518	Ina	Ervin	F	20-39: Open	5K	
29	0:40:52	545	Michelle	Reilly	F	20-39: Open	5K	North Shore Trail Chasers
30	0:41:03	584	Blondie		F	40+ : Masters	5K	
31	0:42:16	571	Richard	Simpson	M	20-39: Open	5K	
32	0:42:26	549	Vicki	Ryall	F	50+	5K	
33	0:42:47	539	Sigrid	Otto	F	20-39: Open	5K	
34	0:42:49	519	Debra	Galandzy	F	40+ : Masters	5K	
35	0:42:58	582	Nick	Wright	M	20-39: Open	5K	
36	0:42:59	514	Michele	Denny	F	50+	5K	
37	0:43:29	566	Dannielle	Nault	F	20-39: Open	5K	
38	0:44:20	546	Dave	Richardson	M	20-39: Open	5K	
39	0:44:26	562	Chlesea	Windl	F	16-19: Junior	5K	
40	0:45:04	522	Owen	Hayes	M	40+ : Masters	5K	
41	0:45:38	583	Tracy	Harrison	F	20-39: Open	5K	
42	0:45:39	556	Jennifer	Stromgrem	F	20-39: Open	5K	
43	0:45:40	524	Sophie	Howells	F	40+ : Masters	5K	
44	0:45:40	540	Paul	Pakulak	M	40+ : Masters	5K	North Shore Trail Chasers
45	0:45:41	563	Mona	Windl	F	40+ : Masters	5K	
46	0:48:46	536	Alicia	Moody	F	20-39: Open	5K	
47	0:49:42	578	Charlotte	Lawson	F	50+	5K	
48	0:50:05	507	Danielle	Bolduc	F	40+ : Masters	5K	
49	0:50:10	510	Tina	Ciamarra	F	50+	5K	
50	0:50:13	577	Tom	Sestan	M	20-39: Open	5K	
51	0:50:13	575	Janice	Sestan	F	20-39: Open	5K	
52	0:50:28	561	Judy	Westacott	F	50+	5K	
53	0:51:28	511	Mike	Cornford	M	20-39: Open	5K	
54	0:51:33	574	Misty	Cozac	F	20-39: Open	5K	
55	0:52:19	509	Gail	Bruder	F	50+	5K	
56	0:52:25	526	Maria	Jeck	F	40+ : Masters	5K	
57	0:52:52	557	Sharon	Szaroz	F	40+ : Masters	5K	
58	0:53:25	541	Sharon	Parry	F	20-39: Open	5K	
59	0:56:25	506	Ruth	Beardsley	F	50+	5K	Smiling Bob Snow Runners
60	0:59:28	531	Jenifer	Louie	F	20-39: Open	5K	
61	1:02:56	576	Lois	Kuramoto	F	40+ : Masters	5K	
62	1:04:25	512	Daniella	Csaky	F	20-39: Open	5K	
63	1:04:44	537	Harvey	Nelson	M	70+	5K	
64	1:15:59	520	Jen	Gerullis	F	20-39: Open	5K	
65	1:16:02	548	Julie	Robbins	F	20-39: Open	5K	
66	1:17:37	570	Amy	Bitner	F	20-39: Open	5K	
67	1:17:40	569	Shelly	Matthews	F	40+ : Masters	5K	
68	1:23:29	550	Stephanie	Sketchley	F	20-39: Open	5K	
69	1:23:29	564	Tamara	Wolowicz	F	20-39: Open	5K	
70	1:34:46	579	Paige	Harding	F	16-19: Junior	5K	
71	1:34:46	558	Anne	Vaillancourt	F	16-19: Junior	5K	
72	1:34:46	559	Arlene	Vaillancourt	F	20-39: Open	5K	
73	0:46:29	513	R.H. (Rob)	Daniel	M	60+	5K	