

FINAL RESULTS

Mt. Seymour
- January 31, 2009

10km Category								
OA	Time	Bib #	First Name	Last Name	Gen.	Category	Dist.	Team Name
1	0:48:01	528	Janson	Terauchi-Loufitt	M	20-39: Open	10K	
2	0:50:35	462	Colin	Dignam	M	40+ : Masters	10K	Atlas Canada
3	0:52:43	504	Shaun	Stephens-Whale	M	16-19: Junior	10K	
4	0:52:57	525	Jacek	Daniel	M	20-39: Open	10K	
5	0:54:24	481	Justin	Mark	M	20-39: Open	10K	Helly Hansen Vancouver Island
6	0:54:44	526	Andreas	Hestler	M	20-39: Open	10K	Team Yeti
7	0:54:48	511	Nate	Wood	M	20-39: Open	10K	Team Yeti
8	0:55:00	457	Andrew	Clarke	M	20-39: Open	10K	Helly Hansen Vancouver Island
9	0:55:15	498	Roger	Shirt	M	40+ : Masters	10K	Squamish Titans
10	0:55:50	472	Rob	Lang	M	50+	10K	Team Yeti
11	0:56:17	494	Jeff	Riemer	M	20-39: Open	10K	Helly Hansen Vancouver Island
12	0:56:29	460	Dave	Cressman	M	40+ : Masters	10K	
13	0:56:36	458	Syl	Corbett	F	20-39: Open	10K	
14	0:57:04	445	Tamsin	Anstey	F	20-39: Open	10K	Team Yeti
15	0:57:25	490	Mike	Palichuk	M	40+ : Masters	10K	
16	0:57:26	448	Mark	Bennett	M	40+ : Masters	10K	
17	0:58:08	506	Matt	Thompson	M	20-39: Open	10K	
18	0:58:46	502	Ryan	Smith	M	20-39: Open	10K	
19	0:59:30	512	Kerry	Ward	M	40+ : Masters	10K	
20	0:59:33	461	Trevor	Davison	M	20-39: Open	10K	Helly Hansen Vancouver Island
21	1:00:13	514	Rob	Fransen	M	50+	10K	
22	1:00:40	446	John	Atkinson	M	20-39: Open	10K	
23	1:01:24	505	Josh	Tanner	M	20-39: Open	10K	Smiling Bob Snow Runners
24	1:01:38	487	Matt	Murdoch	M	20-39: Open	10K	Smiling Bob Snow Runners
25	1:01:47	507	Luke	Till	M	20-39: Open	10K	
26	1:01:55	492	Garry	Rathbone	M	40+ : Masters	10K	
27	1:02:12	500	Pano	Skrivanos	M	20-39: Open	10K	
28	1:03:10	447	Tom	Barichello	M	50+	10K	
29	1:05:19	489	Jason	Oliver	M	20-39: Open	10K	
30	1:05:29	496	Jason	Ross	M	20-39: Open	10K	Squamish Titans
31	1:06:39	497	Carey	Sather	F	20-39: Open	10K	Helly Hansen Vancouver Island
32	1:07:02	480	Kristenn	Magnusson	F	20-39: Open	10K	Helly Hansen Vancouver Island
33	1:07:23	516	Scott	Schvoeder	M	40+ : Masters	10K	
34	1:07:56	450	Ward	Bingham	M	40+ : Masters	10K	
35	1:08:15	479	Trevor	Lowe	M	20-39: Open	10K	Squamish Titans
36	1:08:45	470	Jaroslav	Jakubec	M	40+ : Masters	10K	
37	1:09:01	455	Mike	Christensen	M	20-39: Open	10K	
38	1:09:36	471	Ryan	Koenig	M	20-39: Open	10K	
39	1:09:47	521	Penny	Lidstone	F	20-39: Open	10K	
40	1:10:05	529	Susan	Seager	F	20-39: Open	10K	
41	1:10:19	459	David	Crerar	M	20-39: Open	10K	
42	1:11:23	465	Grant	Gerlach	M	20-39: Open	10K	
43	1:12:08	509	Hjalmar	Vlasveld	M	20-39: Open	10K	
44	1:12:34	524	John	Carmichael	M	20-39: Open	10K	
45	1:12:54	519	Jeff	Macmaster	M	20-39: Open	10K	
46	1:12:59	453	Michael	Campbell Burns	M	50+	10K	Team Yeti
47	1:13:42	467	Vicky	Harris	F	40+ : Masters	10K	Smiling Bob Snow Runners
48	1:14:48	485	Ryan	Mcmurray	M	20-39: Open	10K	
49	1:15:50	475	Marc	LeBlanc	M	20-39: Open	10K	
50	1:15:57	476	Brenda	Lomax	F	40+ : Masters	10K	
51	1:16:23	495	Carol	Roberts	F	50+	10K	
52	1:16:32	451	Birgitte	Biorn	F	20-39: Open	10K	
53	1:17:24	527	Gottfried	Grosser	M	60+	10K	
54	1:17:34	483	Guy	Marx	M	40+ : Masters	10K	
55	1:18:59	443	Alison	Abell	F	20-39: Open	10K	Squamish Titans
56	1:20:37	510	Betty	Wiens	F	60+	10K	Smiling Bob Snow Runners

57	1:21:41	793	Rob	Jones	M	20-39: Open	10K	
58	1:22:05	468	Roy	Heaton	M	50+	10K	Smiling Bob Snow Runners
59	1:22:24	452	Steve	Britten	M	50+	10K	
60	1:23:41	466	Adrienne	Gilbride	F	20-39: Open	10K	
61	1:24:44	523	Paul	Benoit	M	20-39: Open	10K	
62	1:26:29	520	Shannon	Koper	F	20-39: Open	10K	
63	1:26:33	454	Valerie	Chartrand	F	40+ : Masters	10K	
64	1:26:37	503	Robert	Stephenson	M	50+	10K	Smiling Bob Snow Runners
65	1:26:42	484	Jennifer	Mcgrath	F	50+	10K	
66	1:27:12	508	Colette	Tunstead	F	20-39: Open	10K	
67	1:27:14	444	Darrell	Ainscough	M	50+	10K	
68	1:27:19	518	Cindy	Starzyk	F	20-39: Open	10K	
69	1:27:52	491	Don	Prince	M	50+	10K	
70	1:28:09	522	Heather	V Gordon	F	20-39: Open	10K	
71	1:29:04	1	Diaz	Margarita	F	20-39: Open	10K	
72	1:30:02	780	Melissa	Taylor	F	20-39: Open	10K	
73	1:31:11	463	Wendy	Duey	F	50+	10K	
75	1:32:46	530	Khoi	Chau	M	20-39: Open	10K	
76	1:33:03	478	Louisa	Lorimer	F	50+	10K	
77	1:41:07	515	Jill	Koehler	F	20-39: Open	10K	
78	1:42:08	456	Carmen	Christensen	F	20-39: Open	10K	
79	2:15:38	499	Sidsworth	Heather	F	60+	10K	Squamish Titans

5km Category								
OA	Time	Bib #	First Name	Last Name	Gen.	Category	Dist.	Team Name
1	0:29:42	714	Ryan	Ervin	M	20-39: Open	5K	
2	0:34:08	789	Adrian	Rothwen	M	20-39: Open	5K	
3	0:35:00	701	Ray	Barrett	M	20-39: Open	5K	
4	0:35:24	740	Darrin	Penner	M	20-39: Open	5K	North shore trail chasers
5	0:36:00	778	Marc	Perrot	M	40+ : Masters	5K	
6	0:36:54	727	Todd	Lewis	M	20-39: Open	5K	Team Bugafly
7	0:37:18	721	John	Humphries	M	20-39: Open	5K	
8	0:38:35	723	James	Kendral	M	20-39: Open	5K	Smiling Bob Snow Runners
9	0:38:40	770	Monika	Owczarek	F	20-39: Open	5K	
10	0:39:43	757	Darius	Viskontas	M	20-39: Open	5K	
11	0:40:24	711	Peter	Denny	M	50+	5K	
12	0:40:34	732	Kevin	McMillan	M	20-39: Open	5K	
13	0:40:43	788	Rachel	Sanchez	F	20-39: Open	5K	
14	0:41:18	733	Bill	McMillan	M	40+ : Masters	5K	
15	0:42:18	771	Suzanna	Ritchie	F	20-39: Open	5K	
16	0:42:36	742	David	Poon	M	40+ : Masters	5K	
17	0:42:36	746	Paul	Smith	M	40+ : Masters	5K	North shore trail chasers
18	0:43:19	745	Lin	Skrivanos	F	20-39: Open	5K	
19	0:44:11	719	Mandy	Hengvield	F	20-39: Open	5K	Smiling Bob Snow Runners
20	0:44:12	728	Bob	Macwhirter	M	40+ : Masters	5K	North shore trail chasers
21	0:45:29	743	Bob	Price	M	50+	5K	
22	0:45:30	700	Paula	Baker	F	40+ : Masters	5K	
23	0:46:06	747	Miguel	Staunton	M	20-39: Open	5K	Smiling Bob Snow Runners
24	0:46:06	748	Tanya	Staunton	F	20-39: Open	5K	Smiling Bob Snow Runners
25	0:46:51	777	Ina	Ervin	F	20-39: Open	5K	
26	0:47:16	769	David	Jeneins	M	60+	5K	
27	0:47:37	725	Jennifer	Korsch	F	40+ : Masters	5K	North shore trail chasers
28	0:47:40	775	Susan	Baxter	F	20-39: Open	5K	
29	0:47:51	783	Datton	Coubett	M	60+	5K	
30	0:48:00	712	Alexia	Droz	F	20-39: Open	5K	
31	0:48:31	791	Ross	Fleming	M	20-39: Open	5K	
32	0:48:41	776	Bonny	Eruin	F	60+	5K	
33	0:49:24	762	Femina	Fidai	F	40+ : Masters	5K	
34	0:50:21	741	Michelle	Poitrass	F	20-39: Open	5K	North shore trail chasers
35	0:50:31	717	Sandie	Gibson	F	40+ : Masters	5K	
36	0:50:41	765	Lyndon	Smith	M	20-39: Open	5K	
37	0:50:57	710	Michele	Denny	F	50+	5K	

38	0:51:57	749	Robin	Surcess	M	50+	5K	North shore trail chasers
39	0:52:16	779	Eric	Lorenz	M	20-39: Open	5K	Smiling Bob Snow Runners
40	0:52:37	760	Gary	Matich	M	50+	5K	
41	0:52:48	774	Tamara	McLeod	F	20-39: Open	5K	
42	0:53:11	722	John	Joseph	M	40+ : Masters	5K	Team Bugafly
43	0:53:47	794	Beyonce		F	40+ : Masters	5k	
44	0:53:52	792	Sophie	Howells	F	40+ : Masters	5K	
45	0:54:12	755	Sandra	Verschuur	F	40+ : Masters	5K	
46	0:54:20	766	Beatrice	Schneider	F	20-39: Open	5K	
47	0:54:21	764	Lisa	Samallacombe	F	20-39: Open	5K	
48	0:54:24	767	Stephanie	Ossenbrink	F	20-39: Open	5K	
49	0:55:11	772	Amanda	Lau	F	20-39: Open	5K	
50	0:55:43	713	Maureen	Duteau	F	40+ : Masters	5K	
51	0:56:00	738	Sigrid	Otto	F	20-39: Open	5K	
52	0:56:08	790	Lesley	White	F	40+ : Masters	5K	
53	0:56:28	720	Jill	Hoad	F	20-39: Open	5K	
54	0:56:41	718	Carrie	Graham	F	40+ : Masters	5K	
55	0:57:18	729	amy	mao	F	50+	5K	North shore trail chasers
56	0:57:27	737	Connie	Oliwa	F	40+ : Masters	5K	
57	0:57:38	705	Carla	Botteselle	F	20-39: Open	5K	
58	0:57:48	716	Brandy	Gibb	F	20-39: Open	5K	
59	0:57:56	795	Betty		F	50+	5K	
60	0:57:57	768	Bjonu	Ossenbrink	M	20-39: Open	5K	
61	0:58:32	730	Laurie	Martz	F	50+	5K	
62	0:58:33	751	Dawn	Tonge	F	50+	5K	
63	0:58:43	709	R.H. (Rob)	Daniel	M	60+	5K	
64	0:58:55	758	Kurtis	Worden	M	20-39: Open	5K	
65	0:59:21	752	Anna	Tzingounakis	F	20-39: Open	5K	
66	1:00:09	736	Cheryl	Moscovich	F	20-39: Open	5K	
67	1:01:44	724	Karla	Kerrigan	F	20-39: Open	5K	
68	1:02:07	707	Jacque	Boyer	F	60+	5K	Smiling Bob Snow Runners
69	1:03:01	706	Nicole	Boucher	F	20-39: Open	5K	
70	1:03:05	715	Heidi	Fowler	F	20-39: Open	5K	
71	1:03:34	703	Joanne	Bernardi	F	20-39: Open	5K	
72	1:04:25	726	Emily	Lau	F	20-39: Open	5K	
73	1:04:32	763	Sharon	Parry	F	20-39: Open	5K	
74	1:06:04	702	Ruth	Beardsley	F	50+	5K	Smiling Bob Snow Runners
75	1:06:46	739	Pamela	Patton	F	20-39: Open	5K	
76	1:06:47	704	Corinna	Bjornson	F	20-39: Open	5K	
77	1:08:23	785	Charlotte	Lawson	F	50+	5K	
78	1:09:48	735	Alicia	Moody	F	20-39: Open	5K	
79	1:09:50	708	Mike	Cornford	M	20-39: Open	5K	
80	1:10:15	781	Lisa	Richardson	F	20-39: Open	5K	
81	1:10:16	782	Dave	Richardson	M	20-39: Open	5K	
82	1:10:30	731	Rob	McCourt	M	40+ : Masters	5K	Team Bugafly
83	1:14:44	754	Arlene	Vaillancourt	F	20-39: Open	5K	
84	1:15:35	756	John	Verschuur	M	50+	5K	
85	1:17:00	787	Michelle	Haring	F	20-39: Open	5K	
86	1:17:01	786	Sarah	Newtit	F	20-39: Open	5K	
87	1:17:27	734	Sandy	McMillan	F	40+ : Masters	5K	
88	1:19:44	750	Lindsay	Thomas	F	20-39: Open	5K	Team Bugafly
74	1:31:28	513	Harvey	Nelson	M	70+	5k	
89	1:54:59	753	Anne	Vaillancourt	F	16-19: Junior	5K	
90	1:55:01	773	Paige	Hardina	F	16-19: Junior	5K	
dq	0:35:15	784	Matt	Sessions	M	40+ : Masters	5K	