



2010 Entry Form the yeti snowshoe series

name: _____

address: _____

city: _____ prov: _____ postal: _____

phone: _____ cell: _____

email: _____

date of birth: dd/____mm/____ yyyy/_____

age on race day: _____ sex: _____

how did you hear about the yeti? _____

Looking for something new this winter? Try Snowshoeing!

The Yeti is Canada's first snowshoe series that offers an exciting alternative to walking and running during the winter months. There are 2 distances to choose from and clinics to get you ready. Snowshoeing is the fastest growing outdoor winter activity, get out there and find out why!

Courses - 5km SportCourse and 10km SnowRace

These courses will take participants through elevating winding single-track, powder sections and spectacular viewpoints. Don't be intimidated, families and hikers welcome!

Kids Snowshoe Challenge

Bring your kids to run with the Yeti. Entry is **FREE** for children under 10 with paid adult entry. Each child will receive a race number and can get their picture taken with the Yeti. Each child must register on race morning and a parent must sign the waiver. **Kids race will start at 9:50am**

Registration & Race entry Info

Web: Register online at www.theyeti.ca

Mail: Download an entry form from the website and mail to:
22970 Billy Brown Rd. Langley, BC. V1M 4G3

Fax: Download an entry form from the website and fax to:
604.608.9855

Yeti Snowshoe Academy at Mt. Seymour

Come out and give snowshoe running a try at a Thursday Night Drop-In. This is a great non-intimidating environment for you to learn more about this sport and get a great cross-train workout in!

Volunteer at the Yeti

We are always looking for great people to be part of our team. Sign up online in the volunteer section.

race date	venue	5k	10k	pre reg	race day
Jan.30	Mt. Washington			\$35	\$45
Feb. 27	Mt. Seymour			\$35	\$45
				* There will be a \$3 charge for using your credit card *	
Sky Ride pass for Grouse race <small>NOT FOR 2010</small>				\$5	\$5
Snowshoe Rental _____				\$10	\$10
Yeti t-shirt _____				\$20	\$20
Yeti Technical Top _____				\$60	\$60
Yeti Race Jersey _____				\$99	\$99
men's _____ women's _____					
xs sm med lg xl					
Grand Total (gst incl)					

cash _____ cheque _____ visa _____ mc _____

credit card #: _____ exp _____

name on card: _____

signature: _____