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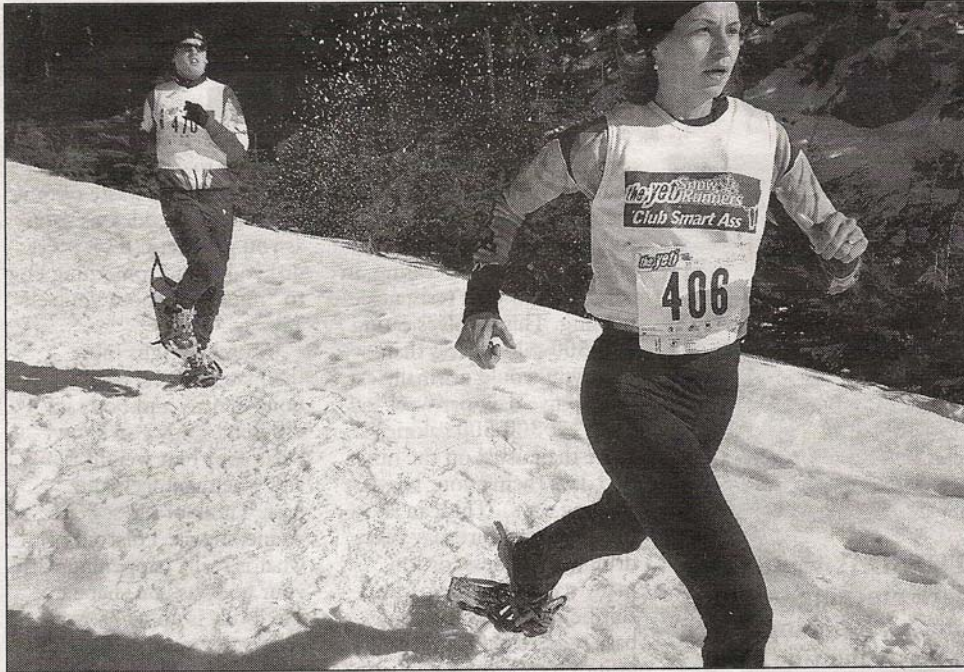


photo submitted

RUNNERS take part in the Yeti Snowshoe Series, Canada's only touring snowshoe race. Today's snowshoes are dramatically different than the wood-and-rawhide models of yesteryear, featuring smaller, sleeker designs that are built for speed.

Snowshoes a new fit

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NEXT time you head up into the mountains for a taste of winter fun, try strapping on some snowshoes.

Snowshoes can take you to places even cross-country skiers dare not tread.

Built for mobility, snowshoes allow winter

hikers to weave in and out of densely wooded terrain, scale icy pitches and float on top of soft, deep snow. So whether you're hiking along a well-groomed trail or bushwhacking it through unknown territory, snowshoes are designed to handle just about anything winter throws in your path.

Originally designed for utilitarian needs only,

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